

Four-Year Degree Plan for Major in Public Health with a Concentration in Health Education and Wellness

Note that this is a sample four-year plan. There are other course sequences that will allow a student to graduate within four years as long as prerequisite courses are taken in the proper sequence. This sample plan does not guarantee course availability, and adjustments to students' plans may be necessary if they are unable to take specific courses during specific semesters. Students who are placed into lower level AWR, MAT or other prerequisite courses will need to adjust their four-year plans accordingly. Similarly, students who bring in Advanced Placement, Dual Enrollment or transfer credit for courses will need to adjust their four-year plans. A minimum of a 2.0 GPA both overall and in the major is required for graduation. In addition to major requirements, students must complete all components of the Baccalaureate Experience to successfully graduate. A student must earn a minimum of 124 credit hours to qualify for the Bachelor of Science degree in Public Health with a Concentration in Health Education and Wellness.

First (Freshman) Year - Fall Semester

HSC 100	Personal and Family Health	3
SOC 100	Introduction to Sociology	4
HSC 236	Introduction to Public Health	3
AWR 101	Writing and Inquiry	4
BAC 101	First-Year Seminar I	1
	or	
HON 101	Pathways to Honors 1	1
BAC 100	Baccalaureate Digital Skills	0

Subtotal: 15

First (Freshman) Year - Spring Semester

MAT 155	Finite Mathematics for Liberal Arts	4
	or	
MAT 160	College Algebra	4
	Humanities/Fine Arts (Bacc Exp.)	4
AWR 201	Writing and Research	4
BAC 102	First-Year Seminar II	1
	or	
HON 102	Pathways to Honors 2	1
HSC 203	Nutrition	3

Subtotal: 16

Second (Sophomore) Year - Fall Semester

CHE 150	Chemistry for Health Care Professions	4
	or	
CHE 152	General Chemistry I and Lab	4
and	(pre-req MAT 160)	
CHE 153L		
HSC 220	Functional Anatomy	3
	or	
ESC 280	Adult Fitness	3
PSY 101	General Psychology (Recommended)	4
	Humanities/fine Arts (Bacc Exp.)	4

Subtotal: 15

Second (Sophomore) Year - Spring Semester

SPE 212	Global Speech, Human Rights and Social Injustice (Recommended)	4
HSC 130	Medical Terminology	3
BIO 183	Microbiology for the Allied Health Sciences	3

	or	
BIO 198/198L	General Biology I and Lab	4
	Elective	4

Subtotal: 14-15

Third (Junior) Year - Fall Semester

HSC 350	Biostatistics	4
PSY 250	Health Psychology (Recommended)	4
SOC 365	Qualitative Methods	4
	Humanities Fine Arts (Bacc Exp.)	4

Subtotal: 16

Third (Junior) Year - Spring Semester

HSC 375	Health Education Theory and Strategies	3
HSC 360	Principles of Epidemiology in Exercise and Public Health	3
SOC 313	Social Stratification	4
	or	
SOC 306	Racial and Ethnic Relations	4
	or	
SOC 320	Sociology of Gender	4
HSC 355	Research Methods in Health Education and Promotion	4

Subtotal: 14

Fourth (Senior) Year - Fall Semester

HSC 440	Health Policy and Social Change	3
	Elective	4
HSC 445	Program Planning and Evaluation in Health Education and Promotion	3
HSC 490	Internship in Public Health	2-6

Subtotal: 12-16

Fourth (Senior) Year - Spring Semester

HSC 450	Public Health Management and Leadership	3
HSC 380	Materials and Methods in Health Education	3
	Elective	4
HSC 490	Internship in Public Health	2-6

Subtotal: 12-16